

LOVE BEGINS WITH ME

Every human is made up of two sections - body and soul
For one to be the same,
His body and soul must unite
He must value the person he is
He must love himself

It is then that he will love himself
That is when the love will start to radiate to others
That is when he will start appreciating Gods creation
That is when he will start loving his fellow man
For one cannot give what he has not
And something cannot grow out of nothing

Without love starting from me
Love will cease to exist around me
Because love is reciprocal
And it is in my loving that i am loved
It is also the measure of love that goes out from me will return to me

True it is that love must begin with me
And it has to be unconditional
When it is conditional
It is no longer love but selfishness
Because love knows nothing like discrimination, tribe or gender

Love has to begin with me
Only when it does that it can spread out
Because love is contagious in nature
Then it will make our world a better place for us all

BY
OGBONNAH KINGSLEY FRANCIS
NIGERIA