

## Love Begins With Me

I love you dear, you make me smile.  
Come and sit, we'll talk awhile.  
Peel away the heavy facts.  
Enjoy the day as we laugh.  
Feeling light, happy and free..  
Knowing love begins with me.  
For many years I didn't know  
How to find the peaceful flow.  
I clung to everything I could find,  
To try and find some peace of mind.  
But things change everyday.  
I thought life should go my way.  
Now I know things will be  
Just how they are, this I see.  
No need to fight, no need to resist.  
I'll open my heart to find my bliss.  
My love I give to all for free.  
I know that love begins with me.

Tammy Talbot