

## ***Love Begins With Me***

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Love is quantum energy - grace, mystical and divine - touching all with an unconditional presence. Love is a paradox - known partly yet unknown fully.

Love is mysterious yet known to mortals as light or electrical impulses. Love is the unseen feeling felt by all beings yet love is the energy field that is bigger than anyone soul or separate self.

Human beings through the ages have tried to explain or capture the essence of love. Yet, all descriptions fall short. Why? Simply because love is Spirit that transcends our feeble and finite understanding. Wisdom is a gift of love beyond mere mortal comprehension. Such is the vastness of *All That Is*. Some choose the word God to describe the Source of all things. Yet, God as Spirit is beyond a finite label.

Love is the everlasting energy field that binds all created things or substance in the drama of constant change - an evolving journey before life, throughout life and to the afterlife. Energy cannot be destroyed but changes from one form to another -- moving from the formless to the form in the creation process, and then from the form to the formless in the destruction process. In love's eyes, life and death are inseparable twins in the illusion of our mortal drama!

Love is simple yet profound - bestowing on the individual human being a certain sense of self that seems separate and alone. Then, in a twist, inspiring the separate self to seek by choice to know that beyond this veil, each is part of the whole. Thus, love is both personal and private, and yet impersonal and universal.

Love is the vital force that creates, sustains and maintains the entire fabric of the cosmos - seen and unseen, within and without, microcosm and macrocosm. Love is the eternal presence that holds the wholesome matrix of harmony and change - the universal substance from which all consciousness and life comes forth.

Love is a cosmic quality of being. As a human being, you and I become we, for we are made by love and for love, to be love. Our sole purpose in the drama of life is to be agents of love. Yes, a human being living a becoming.

Love unites. Fear divides. Knowing these truths will help us choose love when we are faced with the inevitable moments to make a choice, either to align with love, or to live with hate or worst still, indifference. In today's world affairs, the opposite of love is not only hate; rather indifference is now the ally of hate!

Since we share a common mortality - straddling between life and death - we come to the realization that within each human being, there is a spirit self or soul that can never die. Yes a spark of life, a drop of eternal love that must go back to the Source known as God or *All That Is*.

Spirit is the pure essence of love divine - the eternal source of love unending. Spirit is love-energy that gives freely and unconditionally to make all things whole. Well-being, health and joy are natural gifts of Spirit.

Love joins all things with sure compassion without judgment. Love unites as One. Fear judges all things with attack and violent madness. Fear separates splintered parts.

Love is the universal energy field that is more revelation than conscious awareness. Love is. Each of us a divine spark of love.

Love never forces, only inspires our highest good. Love never intrudes, only embraces all creation to sing the song eternal. Love is the first cause of all things - the eternal drama of life in the surge of coming and the urge of going. And the song remains the same.

Man is prospered and blessed abundantly with the conscious awareness that endows choice, voice and poise to know *All That Is*. And the ultimate choice is to choose love in return for the precious gift of life on earthly shores. And if we err, we can always turn back and choose again, to choose the path of love.

So let us embark on the journey of wonder and miracles each day and each moment with faith and hope knowing that love shows the way home - no matter what our skin colour, our tribe, our religious beliefs or spiritual affinity! And thus, discern wisely how to join both heart and mind to humbly utter: "*Love Begins With Me.*"