

## ***Unconditional Love Transforms***

*An Essay Written By: Leon A. Enriquez, Singapore*

Love is a quality of being. Love is the first cause. And love is the lasting quality in a world of ceaseless change and impermanence. All things change except love. Love is the spiritual energy that gives life meaning. Love is natural, and also divine. The physical world is held together by the law of love. Love, in essence, is transformational.

Those who love know and live with true power. So, what does this power achieve? Simply put, love gives each human being the awesome power to live, grow, and prosper by tapping into our full potential. Love empowers our living motivation and aspiration.

Those people who live with vision, purpose and passion realise – somewhat subconsciously or instinctively – how to connect to this limitless power source called love.

If you utilise and harness the power of love, you can focus your life quest and blossom with a spiritual energy or power that transcends human limitations. Love is the most powerful thing in the entire universe.

Love is a common reservoir from which all living creatures, including man, find meaning and fulfillment – whether they act by instinct or by intelligent choice and free will.

Man is gifted with the extraordinary power of consciousness, intelligence, logic, reason, comprehension and understanding. This sense of self and others enables a human being to realise personal choice – and whether to live and move with the power of love in its positive manifestation, or to act contrary to love.

When love becomes less conditional or transactional, the love enacted then moves to what we call “unconditional love.” Put another way, unconditional love gives our limited and short lifespan meaning and depth beyond mere selfish existence.

Selfless love is a fire that lights other fires as you begin to extend that power to others in an ever-growing circle of light. Selfless love being unconditional is very enlightening because it is virtually unlimited.

Each individual starts with a vague awareness of self. With maturity and vivid experience, this self-awareness becomes an ego self that allows a human being to stand and function alone as a physical entity or soul. This illusion is necessary and vital to spur the realisation that he or she is alive, and separate from others. In essence, a soul personality experiencing a human embodiment.

In the course of daily life and the many moments of lively interactions and meeting with others, power struggles will happen. In fact, there will be many instances of ego clashes and power struggles that result in gain, loss and pain. These experiences will in turn trigger a “Fight or Flight syndrome” that ensures either individual victory in success or survival in defeat by running away.

This familiar story explains why some human beings act with barbaric

brutality and enjoy trampling over the rights of others as we often witness in human affairs in recent history. It's about the desire for power at all costs no matter who gets hurt.

Living a life just to crush others can have the reverse consequences of "negative love" in action which is usually described as hate. It is a selfish act just to acquire power wrongly.

Why then does a person or a group continue to live within such narrow confines of a selfish existence? Very often, those who need to trample over others do not know of a better way to gain power or to tap power from the vast spiritual reservoir. They may well think that this brutal behaviour is justified. They are living a lie of a self-limiting view of the world. And sadly, the consequences are bad for all involved.

True love is liberating. And the more unconditional it is, the more power that love can harness. There is a saying, "A little knowledge is a dangerous thing." Knowledge by itself is static or even useless. Unless that knowledge can be acted upon, only then can we experience meaningful encounters and results. This is how love in this world starts to morph from a conditional awareness that is limited – and then, with conscious effort transformed into "unconditional love."

Conditional love cares about results to satisfy personal ego. For example, a sly person who exploits the poor people just to make money without giving them a fair return. This is most definitely limited as it is calculative and exploitative, and an unhealthy transaction.

When a person becomes more aware of love, he then progresses and realises that there's a much better way of acting with the power of love, then a miracle happens. For instance, a person who uses money to help those less fortunate to try again when they fall. He or she then learns or discerns how to tap into the inexhaustible power that aligns the cosmos – a power far greater than can be imagined.

Thus, the conscious awareness becomes apparent: the full magnitude of “unconditional love” then becomes available for whatever quest that you decide to put your heart, mind and soul to achieve.

Love is within us, and yet all around us. We feel love within and we see the manifestations of love without especially in the orderliness of nature. Love helps each person to live, work and function well in a physical world with a three-dimensional plane of existence. There are natural universal laws connected with the law of love that makes anything possible. Deviations from these laws accrue a penalty to bring things back into harmony.

Love has many degrees of expression and many help us to survive. To realise our full potential, we must learn to acquire a selfless nature that lives for the good of others as well as ourselves. Here, you will find the clear manifestations of unconditional love flowering.

All we need to do as individuals is to learn to be collaborative, creative and cooperative with others for the common good. Thus, we transcend our limited views, beliefs and feelings, and we enter into an unconditional acceptance of a power that is limitless. There's a familiar expression that says, "Love makes the world go round." It's true, isn't it?

With practical application, this unconditional love is much more easy to maintain and live with once each person has made a firm decision to live this way. Yes, a lively unconditional love makes for healthy living without being too concerned with the outcomes.

This intentional and spontaneous living with unconditional love creates less stress and brings forth results that are more self-sustaining and beneficial to all involved. Why? Because avarice, greed and small-mindedness are now purged from competitive group memory. And in this state, compassion, empathy and kindness attract even more loving energy all round.

Unconditional love is the real test of a great human being who is truly free, and a creative force for good. To be great, each person must walk through this gate in order to meet his or her great fate.

Unconditional love cares only for others. It is selfless yet powerful. It is kind yet agile. It is dynamic yet calm. Because you care for others by giving things away, you align yourself with the law of love – that gives you more – so that you can continue the work of unconditional love. Yes, “what goes around comes around” as that wise man said.

The world becomes a better place when I focus on the law of love, and experience that “Unconditional Love Transforms” both the giver and the receiver in full measure. I make a conscious start right here, right now.