

Unconditional Love Empowers

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Human beings have a deep inner desire and profound need to give and receive high-quality love. Without love, our lives have very little meaning or purpose. Love is truly the spiritual glue that holds human society together. In fact, our need to share high-quality love with others drives us toward behaviours that would otherwise be considered insane.

A person normally begins to appreciate the substance of love through direct experience of this lasting principle that drives all human interactions. As we grow in conscious awareness, we observe, partake and enjoy the benefits of love showered upon us by others – our parents, our spouses, our loved ones, our friends, kind-hearted strangers – and like-minded loving people that we meet, and thus we come to experience love more profoundly. We recognise the wonderful things that we gain from having love given and received conditionally.

The human being is endowed with the conscious awareness of love's presence or absence, and subconsciously keeps a personal mental scorecard of some sort. We keep count of how much love we give, and we keep score of how much love we receive in a flush of credits and debits. This simple phenomenon – which we keep in our love account bank – goes on almost all the time, without exception.

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Mostly, we encounter love in human transactions very much like a give-and-take intent on a *WIIFM* (What's In It For Me?) basis. In short, we own a tally sheet for love with pluses and minuses. For the majority of people, this tally usually ends with a tendency towards losses rather than a modest gain. We thus conclude that this is the way of the world. This can blindside us with the harsh reality of calculative love which dilutes our faith in the abundant nature of true love.

Yet, we always hope and long for the love that comes back to us: a real love that gives us more and more feelings of ecstasy, delight and happiness. Call us hopeless romantics or love addicts, and against all odds, we still expect love to grace us even when times seem rather gloomy. And that's when love often reciprocates. But do we recognise true love when it comes with abundant blessings in various disguises? Yes, in the guise of conflict, trouble, pain and even grief. Sadly, we do not see or notice love's presence in such dreary circumstances.

To experience more love, it is logical that we adopt a positive attitude and send out more love to the world. This unconditional loving behaviour can be a bit tricky because of our naturally defensive, arrogant egos, selfish desires and insidious intentions – especially when we dish out love grudgingly and sparingly for fear of loss.

We are somewhat miserly in our love or loving-kindness towards others. And we pick-and-choose who we think deserves more or less love. That's why love seems to be a scarce resource in our little hearts. We love only those who are lovable. And we refuse to love those who are nasty, or even unlovable. And that's the inadequacy of conditional love. It is never enough. A cause-and-effect situation that's very much like a zero-sum game.

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True love is about giving without counting the costs. Here, love is about giving even when the giving seems so hard, so taxing and so difficult. That's the time we must truly decide to give love to others. Especially to those who we think don't deserve love! Here, we consciously make love our default mode without bothering about returns. We love for love's sake.

And when we decide consciously and deliberately to give love to others – especially the nasty, undeserving people – we will notice a profound change and a direct impact that happens in our hearts. We realise that we can give love and yet there's more and more love to give without limits. Love freely given returns to us with more love to share ad infinitum.

Our hearts are often broken by harsh reality just like the breaking of an opaque glass screen barrier. Yet, we can still bravely focus on love and not yield to petty smallness of heart. Now, when that glass screen is broken, the true light of love can enter and change us forever.

The light of true unconditional love will thus enlighten us so that we become one with the light, in spirit and in truth. This transforms us with big hearts to love unconditionally and freely by our own deliberate choice, proactive mindfulness and spontaneous action.

Each person who chooses to love unconditionally feels the heavy chains that once held us back as prisoners are now shattered. We rise and shine like the sparkling light illuminating the veil of darkness of ignorance and self-centredness.

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Unconditional love is truly about abundant living simply because it is naturally bountiful in essence, magnitude and scope. Unconditional love is spiritual energy that embraces all in a magnificently loving and creative universe. Unconditional love bestows significant rewards like sure self-esteem, peace of mind, natural good health and serene calmness when troubles, problems and conflicts arise.

Contrary to popular opinion and sly usage where love is more about getting than giving, unconditional love is actually very uplifting for all involved: the giver and the receiver. Why? Because true love is an inclusive energy that makes life ample, abundant and all-encompassing. Life is a gift, and unconditional love which is spiritual in essence, brings you the ultimate achievement in this earthly journey. Love grows when love flows without restriction.

All we need do is to open the heart and the mind with conscious self-awareness and open-mindedness to true love. All the problems, troubles and tribulations of life that we encounter will meet workable answers and solutions in good time. Lasting solutions await us within our soul centre. Love is the best answer to all the conflicts of humanity because love is the eternal law. Love is the cause of life. Life is the dance of love. Simple isn't it?

Unconditional love is the unique ability to accept, respect and care for yourself and others without any conditions, limitations or reservations attached to that love. Yet, this inspired truth and holistic attitude seem to go against the grain of our frail human nature. We are often confused by the paradoxical mystery of love in world of chaotic duality and apparent opposites.

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Here, we make a deliberate decision to start living from a consciousness grounded on love, wisdom and power. We accept this attitude as our wholesome reality. As such, each step forward we take becomes a personal choice that seeks to impact the world with compassion and loving-kindness. We make faith and hope the way to love unconditionally. With this intention in action, there is no place for fear to exist.

Yes, we embrace each life situation or scenario with the amazing and healing power of unconditional love. Here judgement, betrayal, vengeance, control, attachment, jealousy and hatred are dropped in favour of compassion, empathy, harmony and peace.

A deeper wisdom – beyond our limited human understanding – now lights our way to glimpse and to know the spiritual nature of unconditional love as the cosmic energy that embraces all creation. And then, we can begin to align our thoughts and our feelings with this magnificent power that inspires our conscious awareness, intelligence and purpose in life.

Unconditional love empowers human life with awesome spiritual energy. Essentially, unconditional love is the creative life force that powers the universe. Unconditional love supersedes our human differences and works for the highest good of our collective soul evolution.

You could say that unconditional love is that eternal, divine spirit that inspires each human being to live beyond our finite, earthly limitations. This allows each person to live fully our gifted human potential.

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Love freely showered on all you meet without exception is an exquisite yet wonderful quality of being. More so when that healing love becomes unconditional, radiant, inspirational and compassionate beyond logical explanation and discernible understanding. Yes, a sublime love that far exceeds mere human generosity, empathy and tolerance.

Love given freely and unconditionally is the way home for each one of us to that eternal Source called God, or “*All-That-Is*” for each soul is truly a spark of love energy that can never die. To practice unconditional love is not easy or simple but certainly worthwhile to a human being. We – you and I – can make a conscious decision to act with unconditional love that empowers all human interactions.

Unconditional love empowers people to live our individual life journey optimally and creatively with joy, wonder and peace – as we realise that each soul makes a unique contribution to impact the family of man.

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Writer's Notes:

Brief biography:

Leon A. Enriquez was born in Singapore in 1955. A former magazine editor for business/infocomms technology, he has been a freelance writer for the past 15 years.

He offers editorial services to corporate clients who need help with writing their corporate profiles, brochures, website content development, marketing communications materials and other specialized writing assignments. Other interests include ghost-writing and editing copy for commercial and academic parties for books, newspaper articles and magazine contributions. Leon specializes in content creation for a diverse industry spectrum.

Journal writing and poetry writing are Leon's self-healing mechanism for personal growth and development.

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