

“LOVE: CELEBRATING OUR HUMANITY”

18/22 February 2022

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2022 Art, Essay and Poetry Invitational

The Love Foundation Inc.

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LOVE: CELEBRATING OUR HUMANITY

An Essay by Leon A. Enriquez

Love is our inherent quality of being — and love is our natural state of self-expression. To know love is to be love. We start — wherever we are — with an understanding that love is the highest principle of causation that inspires and nurtures all living things.

Love is the beginning and the end of all things. Beauty and grace, truth and trust, wisdom and understanding, and a deep desire to be righteous are signs of love. Wonder and awe are natural reactions to the conscious awakening to the touch of love. Love inspires. Love heals. Love succeeds.

An enlightened spiritual master once said that “Love is the fulfilment of the law,” and in truth, love is what makes the world go round. We thus realise and find our highest form of creative self-expression through the practice of love. We love, and we are loved despite the contrary conflicting evidence in a secular world.

We recognise that love is the highest quality of wholesome goodness that resides in our being. And this latent love is the precursor of human kindness and empathy, truth and compassion, forgiveness and health as well as profound self-awareness and personal integrity. Love is the highest virtue that makes our soul sublime.

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Love instructs a deeper desire to connect, to touch and to heal through loving relationships. We instinctively recognise our mutual interdependence for our collective growth and our personal well-being. Cause-and-Effect is sublimated by grace, light and peace.

Love inspires conscious awareness of ecstasy beyond the confines of reason and logic. We express our highest aspiration and become one with our deepest and highest motivation: to live and to love from a healing attitude of unconditional love for all life forms, sentient beings and companion creatures of Mother Earth.

We live in an ever-expanding universe of beauty and truth, light and grace where consciousness creates loving expressions of abundance and joy. Our personal joy of being thus inspires each human being to become our best self. Love elevates our common mortality and ushers our consciousness into the realm of eternity.

Love empowers our highest self-expression. This inherent goodness compels love to flourish in two ways. Both are valid expressions of love in our earthly dimension, and go together to surpass our finite limitations in a three-dimensional existence of body-mind, soul and spirit.

Each person starts out with a curious and a conscious awareness of conditional love that is basic to self-preservation. This marks each soul entity or person as a unique individual and character. In our dualistic world, all thought forms are conditional because change is the way of evolution.

As we progress individually in our earthly life path, each person gains a succinct idea and creative momentum to realise a conscious inner awareness. This emergent knowing builds to a distinct climax that flowers a deeper understanding of love.

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Love thus inspires and attains a personal transformation and a lasting impact — and unconditional love reveals its true nature. Good health and empathy, compassion and wholeness, as well as harmony and balance now become apparent in our psyche and soma. Wonder is the lovely reaction to the magnificent phenomena of the natural world as love calls to each soul to awaken and to evolve in the dance of love called life.

We — each starting as transformed individuals — then recognise that unconditional love expands our spiritual possibilities through self-mastery in our individual life path. Thus, unconditional love that is given to all — without judgement and conditions — brings about optimal feelings of joy and offers lasting blessings.

Through the effects of unconditional love, we then experience the miracle of extraordinary feelings of peace of body-mind, heart and soul. Love is thus the sole agent of change and reality despite all the contrasting conflicts that emerge and escalate in a world of duality.

Unconditional love is truly the ultimate miracle of creative self-expression and optimal self-awareness beyond the obvious limitations, constraints and boundaries of a self-contained, conceited worldview.

Realise here that the secular world has not changed. What has truly changed is our attitude and our perspective. We now practice consciously and we align our hearts and souls with unconditional love — a love that is boundless — and truly healing and transformational to our spiritual worldview.

We bring peace, healing and progress to a finite world by living, sharing and spreading unconditional love — to everyone, to every living creature and to all living things in this wonderful place called Mother Earth.

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So, unconditional love begins with me and you, and impacts the world around us in the creation of an earthly miracle of epic proportions — verily a heaven here on earth.

The real miracle is the profound and the sublime quality of love that creates and sustains the miracle of life in the journey of the cosmos from the dawn of time. Herein lies the truth, beauty and grace of “All-That-Is” which instructs grace and light, peace and joy, and eternal love in all sacred spaces.

Life is the dance of love. And love is the cause of life. Love exists only for love’s sake. This then is the purpose of life: To love and be loved: because love is all that matters in the Here and Now moment. So, “The purpose of life is a life of purpose” — Love.

Love is the way we celebrate our humanity, Here and Now! And love begins with me, and you, my friends.

<ENDS>

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Writer's Notes:

Brief biography:

Leon A. Enriquez was born in Singapore in 1955. A former magazine editor for business/infocomms technology, he has been a freelance writer for the past 18 years.

He offers editorial services to corporate clients who need help with writing their corporate profiles, brochures, website content development, marketing communications materials and other specialized writing assignments. Other interests include ghost-writing and editing copy for commercial and academic parties for books, newspaper articles and magazine contributions. Leon specializes in content creation for a diverse industry spectrum.

Journal writing and poetry writing are my self-healing mechanism for personal growth and development.

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