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My essay submission to: 2023 Art, Essay and Poetry Invitational **The Love Foundation Inc.** P O Box 691911 Orlando, Florida 32869-1911 USA

"ONE WHOLESOME HUMANITY"

by Leon A. Enriquez Singapore

Humanity is one — a living aspect of love beyond all earthly geographical boundaries, race, colour or creed — with a direct claim to love, and be loved. Yes, we are one humanity sharing a common origin and ancestry, and a common lore. We are beings that are made for love, by love, to love. We share a gift of love that is timeless, wholesome and unconditional — and everlasting.

Our lovely planet earth is made from stardust, and created especially for life. Mother Earth nurtures our existence, cultivates our physical bodies, and sustains our lifeblood — in a loving embrace of tender loving care. Earth is our teacher. Each of us must learn and share the many lessons of love in the here and now moment.

Each person as a human being has the innate potential to grow and learn the valuable lessons of love, and thus make a small yet significant contribution to this wonderful living planet. We can focus our efforts on loving relationships and actions that make love a living experience that gathers lovely fruitage.

We are children of the light made from stardust moments billions of years in the making. We are here to be, to live, to love and to make a big impact wherever we happen to be on this good earth. Each person is special and it is no accident that we exist at this present moment, right now. We are the visible longings of life created with purpose, intention and inspiration for the sake of love.

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Change is the ever-present power that makes our life encounters a myriad blessing of miracles that create magic and opportunity for love to blossom everywhere. We are living creatures wrought by love, joy and grace. Each person is a wonder work of love unlimited. We are curious beings that are here to answer the call of love. Love is our DNA and we are apt to discover what unconditional love is all about, and to respond when love calls us to be, to do, and to live with love for all on this good earth.

Each day, we awaken slowly but consciously to know and to find love within our hearts, and beyond — and to love all living things that accompany us and share with us this amazing living planet that harbours all our quests and our dreams.

Life on this earth is a marvellous miracle created by a divine architect. A brief study and open outlook will help us personally testify to this timely inference and conclusion regardless of our wit and whim or fancy. There are so many universal laws of nature and distinct orderly patterns governing life cycles — despite the apparent chaos — in the myriad life happenings in the world, and despite the superficial notions manifesting today. Love is the truly basic quality that propels all life forms ever onwards.

We cannot see the face of the divine architect — and yet we can know truly by personal inquiry, inference and logic from our sensory encounters and personal insights the divine hand that sculpts and fashions everything around us in this mysterious world. In truth, the loving creator awaits our homecoming to our spiritual origins.

Because of this memory trait deeply embedded in our consciousness, we know and feel a deep subconscious imprint in our psyche and soma — and we realise a certain intuitive "knowing beyond knowing" within our hearts and souls beyond our physical body elements. Here, the seed of unconditional love ever abides — awaiting the tree of love that ever supports the fruits of unconditional love that we share here on this lovely planet of beauty and grace.

Love is that somewhat hidden and unknown force that ever prompts us human beings forward — in our seeking for love, to love, be love and share love. Each of us are beings of light, just like a candle that lights the darkness that shadows us.

We begin and start within our hearts to love ourselves just as we are. Then, we learn to extend our loving reach to love others as we love ourselves, without passing judgement. This is the way of unconditional love.

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We are here for a brief passage of time — a brief moment — no matter how many years we each live. So, let us begin to spread love and compassion, and thus show a clear empathy and deeper communion with our fellow women and men who share our common humanity. We also learn to care for the world by being the best version of ourselves wherever we roam on this beautiful planet earth. Love is a quality of kindness and empathy for all living things.

With conscious awareness, each person — yes each one of us — can come to do our very best to live with unconditional love for all mankind; and all other living things that share, embody and enrich our ever-expanding worldview.

So, day by day, let us learn and live the marvellous lessons of love that bring hope and faith despite the tragic and comic chaotic world affairs that we experience in the here and now.

As we journey throughout this amazing planet earth, we can still witness and enjoy the beauty, and experience the magnificent wonders that enrich our human destiny. We can feel the depth of our loving vitality driving our intentions and intimate animations keeping us alive and well.

We witness the wonderful brilliance in the design of love — an ever urgent invitation to transcend our differences and find common grounds for unconditional love to flourish. We are miraculous creatures made for divine perfection. Thus we are — each of us — called to greatness in our humble self-awareness: for we are creatures made of love.

Love blesses. Love heals. Love sustains. Love is our ultimate abode of peace, goodwill and health. Love inspires our very best in this life quest here on earth learning the lessons of love. Love is the finest way we celebrate our humanity. And so be it.

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Writer's Notes:

Brief biography:

Leon A. Enriquez was born in Singapore in 1955. A former magazine editor for business/infocomms technology, he has been a freelance writer for the past 20 years.

He offers editorial services to corporate clients who need help with writing their corporate profiles, brochures, website content development, marketing communications materials and other specialized writing assignments. Other interests include ghost-writing and editing copy for commercial and academic parties for books, newspaper articles and magazine contributions. Leon specializes in content creation for a diverse industry spectrum.

Journal writing and poetry writing are my self-healing mechanism for personal growth and development.

Leon A. Enriquez Singapore 22 February 2023